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Fitwel - Sustainability assessment for Wellbeing

General Description

Fitwel is a joint initiative led by the U.S Centers for Disease Control and Prevention & General Services Administration and provides guidance on how to design, construct and operate healthier buildings. The Center for Active Design is the operator of the scheme and responsible for all 3rd party certification.

The Fitwel Scorecard looks at over 63 design and operational strategies that have been proven to increase the health and wellbeing of building occupants by addressing a range of behaviours and risks.

These strategies are then grouped into 12 categories with each building assessed on a combination of two things: one how big of an impact a strategy has on health and wellness and the other being how much evidence there is to prove the correlation between the strategy and improved health and wellness.

Strategy Categories

- Location
- Building Access
- Outdoor Spaces
- Entrances and Ground Floor
- Stairwells
- Indoor Environments
- Workspaces
- Shared Spaces
- Water Supply
- Cafeterias and Prepared Food Retail
- Vending Machines and Snack Bars
- Emergency Procedures

Each strategy is linked to one of the **Fitwel 7 Health Impact Categories.**

- Impacts Community
- Reduces Morbidity and Absenteeism
- Supports Social Equality for Vulnerable Populations
- Increases Physical Activity
- Promotes Occupant Safety
- Provides Healthy Food Options
- Instills Feelings of Wellbeing



Scorecards are tailored for different building types and include retail, multifamily and community, residential and workplace.

Scorecard Types

Retail	Impacts management staff, employees and visitors of multi-tenanted complexes and stand-alone properties.
Community	Impacts occupants of a contiguous development that incorporates open space, more than one building, and multiple uses, including residential and at least one other type, such as retail, commercial, industrial, civic, or institutional. This scorecard is currently accepting pilot users.
Workplace	Multi-Tenant Base Building Impacts building owner/management staff within buildings or campuses whose floors and common areas are occupied by multiple tenants.
	Multi-Tenant Whole Building Impacts all occupants (building owner/management staff and tenants) within buildings or campuses whose floors and common areas are occupied by multiple tenants.
	Single-Tenant Building Impacts all occupants of an entire building or campus whose floors and common areas are occupied by a single tenant.
	Commercial Interior Space Impacts occupants within contiguous spaces or groups of contiguous spaces within a building that are occupied or controlled by a single tenant
Residential	Multi-family Residential Impacts residents of an entire building or development that contains multiple dwelling units and is classified as multifamily residential.

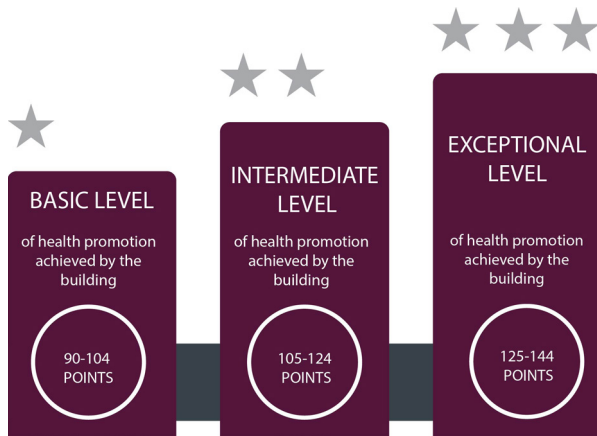


Assessment

There are two pathways to assessment.

New Construction Pathway	Applicable to projects that are currently in design or under construction Consists of 2 certifications: – Design Certification (prior to occupancy) – Built Certification (post occupancy).
Existing Building Pathway	Applicable to all occupied projects, including existing or recently completed projects and Consists of 1 certification: – Built Certification.

Fitwel Scoring



One of the biggest benefits of Fitwel is that there are no “prerequisites” or requirements that would prevent a building from being eligible to earn a Fitwel certification. All credits are tradable.

Certifications are given either 1, 2 or 3 Stars based on the number of points achieved. A 1 star starts from 90 points, 2 starts ranges between 105 to 124, and three stars at 125 to 144.

Cost

Registration Fee	\$500.00
Certification Fee	Dependent on project size.



- Fitwel Certification is valid for three years.
- Projects can maintain Fitwel status without lapse by initiating a recertification on the Fitwel Portal at any point within the three years from the date on which the project was awarded its initial certification.
- After applying for recertification, the project will have one year to complete the recertification process.
- The cost of recertification is available at a reduced rate of \$500 plus 80% of the prevailing certification rate.

Linking up with other Certifications

Fitwel links with other leaders in development and design practices, driving and amplifying the movement to support healthy buildings. This includes syncing with Leadership in Energy and Environmental Design (LEED), Building Research Establishment Environmental Assessment Method (BREEAM), and others, to offer parallels in strategy achievement and documentation submission.

For more information on Fitwel please speak to your Method contact or our Fitwel certified ambassador directly:

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Note: Information provided in this leaflet has been provided by fitwel.org