

Find out more about...

WELL Building Standard

The **WELL Building Standard** focuses on the health and wellbeing of the building's occupants and assesses its design and construction in supporting the positive effects the space has on its occupants. Shell and core and new and existing building projects can be assessed.

The standard is tailored towards different building types, including multi-family residential, educational facilities, retail, restaurant and commercial kitchens and considers various environmental factors that affect daily health, wellness and productivity.



WELL focuses on seven wellness concepts:

- **Air** - promoting clean air through reducing sources of air pollution
- **Water** - providing and maintaining clean drinking water using filtration and testing
- **Nourishment** - encouraging better eating habits and food culture
- **Light** - optimising light conditions to support sleep quality, enhance productivity and optimise visual awareness
- **Fitness** - encouraging an active lifestyle
- **Comfort** - ensuring the indoor environment is not disruptive, distracting or irritating in terms of acoustic, thermal and ergonomic comfort
- **Mind** - providing a setting which promotes positive mental health

Multiple performance criteria should be met under each of the seven categories so that WELL Certified spaces provide a built environment that improves its occupants' health, wellbeing and comfort.

Each concept is graded to ensure all preconditions are met and the overall WELL score is based on the total number of preconditions and optimisations achieved.

Based on the score achieved, Silver, Gold or Platinum certification levels can be achieved.

Administered by the International WELL Building Institute, the WELL Building Standard is based on scientific and technical review to inform the performance thresholds and prescriptive criteria to be met.

Different to many other environmental assessment methodologies, WELL projects must be re-certified at least every three years to ensure that the building's conditions have been maintained to provide the same levels of occupant health and wellbeing.

Providing this service means that Method not only helps to ensure that a project incorporates occupant wellbeing into the design and construction, but can verify that the building continues to perform well, after it has been occupied.